

Organising Committee (Faculty)

Dr. Pradeep Kumar, Assist. Prof., Department of Psychology

Dr. Nisha Deopa, Assist. Prof., Department of Physics

Dr. Monika, Assist. Prof., Department of Commerce

Dr. Rachna Sharivasta, Assist. Prof., Department of Management

Dr. Mukesh Kumar, Assist. Prof. Department of Physical Education

Mr. Jaipal, Assist. Prof. Department of Mass Communication

Registration

Registration fee is Rs. 500/- for each faculty member/academician. Registration, fee, and Mode of Payment will be on the spot by any mode at 9:00 A.M. on 02 January, 2019.

Please address all communication to

Dr. Pradeep Kumar (8396850005)

Dr. Nisha Deopa (8860551723)



Chaudhary Ranbir Singh University

Jind-126102 (INDIA)

(Established by the State Legislature Act 28 of 2014)

Website: www.crsu.ac.in

Resource Persons

1. Prof. Girishwar Mishra, Vice-Chancellor, Mahatma Gandhi International Hindi University, Wardha
2. Prof. Padmakali Banerjee, Pro Vice-Chancellor, Amity University.
3. Prof. (Emirates) Jitendra Mohan, Department of Psychology, Punjab University, Chandigarh
4. Shri. Aryavesh, World Arya Pratinidhi Sabha, Delhi
5. Prof. Anand Prakash, Department of Psychology, University of Delhi
6. Sh. Shroyansh Dwivedi, Vice-Chancellor, Maharishi Balmiki Sanskrit University, Kaithal
7. Prof. (Retd.) C. R. Darolia, Department of Psychology, KU Kurukshetra
8. Prof. (Retd.) Rajbir Singh, Department of Psychology, MD University, Rohtak
9. Prof. (Retd.) B. S. Dagar, Department of Education, MD University, Rohtak
10. Mr. Yudhbir Singh Khayalia, Retd. IAS
11. Prof. (Retd.) G. D. Sharma, HP University
12. Prof. N. P. Giri, Department of Physical Education, CCSHAU, Hisar
13. Prof. Kishan Ram, Department of Religious Studies, GJUS&T, Hisar

How to reach

New Delhi – Rohtak- Jind (120 kms)

Chandigarh- Ambala- Kaithal – Jind (185 kms)

Jaipur- Churu- Hissar- Jind (321 kms)

Seven Days Workshop

on

Universal Human Values and Holistic Education

for

Health, Happiness and Harmony

Jan. 02-08, 2019

Chief Patron

Prof. R.B. Solanki, Vice-Chancellor, CRSU

Patron

Dr. Rajbir Singh, Registrar, CRSU

Workshop Director

Prof. S.K. Sinha, Dean Academic Affairs, CRSU



About CRS University, Jind

Chaudhary Ranbir Singh University, Jind, was established by the State Legislature Act 28 of 2014 on July 24, 2014. It has a spreading Campus of 75 acres situated nearly 2 kilometers away from Jind-Gohana and Jind-Rohtak Bypass. At the initial stage, it was started as a Post Graduate Regional Center by K.U. Kurukshetra in 2007. Aim of the University is the cultivation of citizens with a rich awareness of our heritage to lead and serve in every sphere of human activity. Working under the leadership of eminent educationist and dynamic personality Hon'ble Vice-Chancellor Prof., R. B. Solanki, the University is heading towards realization of its vision and the goal of being in the list of India's reputed Universities. The University is affiliated u/s 2(f) of the UGC Act, 1956 and 12 (B) of UGC Act, 1956. The University is member of the Association of Indian Universities (AIU), and has also MoU with some of the reputed institutions.

The University has a newly constructed academic block with latest infrastructure and newly constructed Laxmi Bai Girls Hostel, Chatterpati Shiwaji Boys Hostel, Shopping Complex with ultra modern facilities. The University has a central Library with a stock of texts and reference books. It also subscribes to National and International refereed Journals, Magazines and Periodicals, and also subscribes many Hindi and English news papers for holistic development of the students. The University has an impressive Language Lab, Computer lab well equipped with the latest software, and labs in the departments of Psychology, Physical Education and Physics fully equipped with latest apparatus.

To enhance the research activities for the holistic development of the students, researchers, and teachers the University organizes International/national seminars, conferences and workshops time to time. In addition to the academics, the students also participate in sports and cultural events, and extracurricular activities at the campus as well as outside to campus to enable their wholesome personality development.

About Workshop

In view of the growing complexities in academics and research, it is necessary to discuss and resolve the real and social issues. For this, researchers and academicians continuously emphasizing on research, publications and training. Therefore, it is essential for every academician and researcher of institution to think and act about quality of life for individual. In this regard, this workshop would be emphasized on universal human values and holistic education. Universal human values and holistic education covers many topics like character development, adjustment, conflict resolution, self and personality, interpersonal relationships, equality, freedom and discipline, stress management, yoga and meditation, and environment and pollution. Therefore, it has realized that universal human values and holistic education may enhance three "H" i.e. Health, Happiness, and Harmony.

Objectives

1. To focus on real and societal issues, and acquainted and sensitize the participants about these issues.
2. To discuss the role of yoga and meditation for holistic development of individual through theoretical and practical demonstration.
3. To talk about techniques of stress management.
4. To focus how awareness of self and personality play vital role for interpersonal relationships.
5. To acquainted about equality, freedom, discipline, and rights and responsibilities.

How to Reach

1. New Delhi – Rohtak- Jind (120 kms)
2. Chandigarh- Ambala- Kaithal – Jind (185 kms)
3. Jaipur- Churu- Hissar- Jind (321 kms)

REGISTRATION FORM

Seven Days Workshop on Universal Human Values and Holistic Education for Health, Happiness and Harmony

Jan 02-08, 2018

1. Name of Participant: _____

2. Gender: _____

3. Designation: _____

4. Institution: _____

5. Payment Details, Cash

Name of the Bank

DD No

6. Address for Correspondence: _____

E-mail: _____

Mobile: _____

7. Educational Qualifications: _____

8. Experience (in years): _____

Declaration

I am willing to attend the Workshop on "UNIVERSAL HUMAN VALUES AND HOLISTIC EDUCATION FOR HEALTH, HAPPINESS AND HARMONY" to be held on January 02-08, 2019. I hereby solemnly affirm that the contents of this undertaking are true for the best of my knowledge.

Place:

Date:

Signature

Important Details of Workshop

Date	January 02-08, 2019
Venue	Swami Vivekanand Academic Block, CRS University, Jind
Registration	Registration, fee, and Mode of Payment will be on the spot by any mode at 9:00 A.M. on 02 January, 2019.
Registration Fee	Registration fee is Rs. 500/- for each faculty member/academician (including Tea, Lunch, and Workshop's Material)
Participants	Faculty Members of CRSU and ten participants from affiliated colleges of concerned university may also participate with prior permission of the workshop director.
Maximum Registration	70 Seats
Resource Persons/Trainers	Eminent academicians/researchers and social workers will be invited from reputed universities/institutions.